

7405 THIRD LINE RD. KARS, ON, K0A 2E0 - 613-489-5294

Tranquil Acres Inc.

Self-LOVE

Empowered by Horses



Date:

Thur. February 14th 2019

Time:

5pm – 9:30pm

Timeline schedule:

5-7pm Equine Session
7:15-9:30 Dinner at Tranquil Acres

Fee:

\$85+HST Dinner Inc.

Overnight Accommodations:

\$65+HST

Single occupancy
Continental breakfast inc.
Limited rooms available

Location:

Tranquil Acres Inc.

**7405 Third Line Rd. KARS, ON,
K0A 2E0**

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info@TranquilAcres.ca

Join us for an evening and experience -
“Self-Love Through the Way of the Horse”.

Allow our equine partners to show you how to *Self-Love*.

Horses create a non-judgmental place to experience appreciation and mindfulness for one’s own self. All activities are done on the ground with the horses. No previous horse experience required.

Enjoy a guided food meditation stimulating your senses through a four-course meal prepared by our team at *Tranquil Acres Guest House*. Become more attuned to tastes and textures to keep your body, mind and soul healthy.

Wish to stay in the “tranquility” overnight? Reserve your overnight guest room at Tranquil Acres Guest House to complete your Self Love experience!

Register today - Limited spots available!